

360° Health®

Wanted:  
people ready to take  
back their health.  
Reward offered!



It's often said that good health is its own reward. While this is true, wouldn't it be nice to get a little something extra for being good to yourself? That's why MEABT is working with your health plan to offer you great wellness programs and exciting incentives to help get you started.

If you suffer from a chronic medical condition like asthma, diabetes, COPD or heart disease, the ConditionCare program may be just what you need to jump start your drive for a healthier life. While you may not have control over every aspect of your health, there are things you can do to enhance your well-being, while gaining valuable rewards.

Just call **866-596-9812** to enroll in ConditionCare and you'll earn a \$100 gift card from one of over 150 major retailers. Then work with your nurse coach to manage your condition and once you graduate from the program, you'll receive another \$100 gift card. Select the reward that means the most to you – from goods and services to dining and entertainment. The choice is yours. To redeem your reward, simply log in or register at [yourhealthpower.com/healthpower/MEABT](http://yourhealthpower.com/healthpower/MEABT).

Starting today, you can take advantage of all that 360° Health and SmartPath have to offer.

Your health.  
Your choice.

Anthem®   
360°Health™

MEA Benefits Trust  
SmartPath  
WELLNESS PROGRAM

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MEA-CCINCFL-4348-0609